



Part 10: A Kingdom View of Worry

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Matthew 6:25a

"Therefore I tell you..."

Matthew 6:24-25a

"No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money. Therefore I tell you..."

So what is the "therefore" there for?

Worry comes from serving the wrong master.

Matthew 6:25-26

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"

This is not about excess; this is about necessity.

Matthew 6:27

"And which of you by being anxious can add a single hour to his span of life?"

Worry accomplishes nothing.

Worry negatively impacts relationships.

Matthew 6:28-29

"And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these."

Wealth is not the only way God provides for us.

Matthew 6:30-32

"If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them."

Worry is borne out of a lack of faith. When we don't trust, we worry.

How do we avoid becoming "pagan-Christians"?

1. Learn to ask yourself: Am I trusting God?
2. Reprioritize

Matthew 6:33

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

3. Be present

Matthew 6:34

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Philippians 4:6-7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Small Group Questions

1. How was your Fourth of July? Did you do anything fun or relaxing?
2. What do you think are some differences between worry versus genuine concern or due diligence?
3. Among your family or friendships, is there someone who is characterized by worry? How about you? Without gossiping, how has their worry affected your relationship with them?
4. Is there a nagging worry that keeps you awake at night or distracts you during the day? As a group, what biblical promises can you offer each other that could strengthen trust in him?
5. How can we pray for you right now and throughout the week?

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