



Part 5: Stumbling Into Restoration

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Isaiah 40:28-29

²⁸ Do you not know?

Have you not heard?

The LORD is the everlasting God,
the Creator of the ends of the earth.

He will not grow tired or weary,
and his understanding no one can fathom.

²⁹ He gives strength to the weary
and increases the power of the weak.

God is everlasting

God is Creator

God is inexhaustible

God is completely knowledgeable

God shares his strength

God multiplies his power when I am tapped

Isaiah 40:30

³⁰ Even youths grow tired and weary
and young men stumble and fall;

Why do the fittest of us stumble?

We run too fast

We run too proud

We run alone

We run reckless

Proverbs 4:10-15

¹⁰ Listen, my son, accept what I say,
and the years of your life will be many.

¹¹ I guide you in the way of wisdom
and lead along straight paths.

¹² When you walk, your steps will not
be hampered;
when you run you will not stumble.

¹³ Hold on to instruction, do not let it go,
guard it well, for it is your life.

¹⁴ Do not set foot on the path of the wicked
or walk in the way of evil men.

¹⁵ Avoid it, do not travel on it;
turn from it and go on your way."

(Continues on back)

Isaiah 40:31

³¹ But those who hope in the Lord
 (or wait upon the Lord)
 will renew their strength.
They will soar on wings like eagles;
 they will run and not grow weary,
 they will walk and not be faint.

Stay down
Stay low
Rise up

Next Steps

One of the reasons we stumble is because we try to do life alone. That’s why CTK is always creating new communities for you to connect with. For more information about Community Life, stop by the Community Life booth in the Commons. We’ll show you how you can become part of an existing community or create a new one.

Small Group Questions



- 1) Have you ever slipped up verbally? Go ahead, share your stumble!
 How did you recover?
- 2) When a person you admire slips up, do you respect them more or less?
- 3) Read Isaiah 40:28-29. How does the character of God, as described in these verses, affect the way you view your own stumbles?
- 4) What are some practical ways you can wait on God after a stumble?
 How about practical ways to wait on God when you are doing well?
- 5) Has God renewed your strength in the past year? In what ways?
- 6) How can we pray for you today?