



Part 2: A Whole New Chapter

October 24 & 25, 2015

Todd King, Lead Vision Pastor

“Worry is a disproportionate level of concern based on an inappropriate measure of fear.”

- James Bryan Smith

Jesus taught on this in Matthew 6:

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”

Worry comes from serving the wrong master

²⁷ Can any one of you by worrying add a single hour to your life?

Worry accomplishes nothing

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow, is thrown into the fire, will he not much more clothe you—you of little faith?”

Our worry is a faith issue

³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them.

Worry comes from untruth - false stories we tell ourselves

Jesus has a way to rewrite all of this:

³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

1. Seek first his kingdom and his righteousness, and be thankful!

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. – Philippians 4:6-7

Ask yourself this question: “What am I grateful for?”

2. Be present minded

³⁴ “Therefore do not worry about tomorrow, for tomorrow will worry about itself...”

3. Expect trouble

John 16:33: “In this world you will have trouble...

“...But take heart! I have overcome the world.”

Small Group Questions

- 1) Who worries the most in your world? What do they worry about?
- 2) What about you? What areas of life do you worry about?
- 3) As you think about what causes worry in your life, which of the elements of Matthew 6:33-34 do you tend to miss: seeking God first, being present, or expecting trouble?
- 4) How can we pray for you right now and throughout the week?

**OUR
MISSION**

To create an authentic Christian community that effectively reaches out to unchurched people in love, acceptance and forgiveness so that they may experience the joy of salvation and a purposeful life of discipleship.