



Overcoming the “Me First” Mentality

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Today’s Truth: Thinking self-lessly ultimately leads to true satisfaction.

Philippians 2:1-8 (NIV)

⇒ Selflessness is choosing to be _____ but with the right motive.

Philippians 2:3-4 (NIV)

James 4:10 (NIV)

⇒ Ultimate selflessness is being willing to _____ it all for humanity.

Philippians 2:5-11 (NIV)

“Humility helps us let’s go of being awesome.”

Jeanne Allen *Get Out of My Head*

⇒ If we are sincere our selflessness will _____ Jesus not ourselves.

Philippians 2:14-16a (NIV)

Q- Where do you need to let go of your “me- first” mentality?

Talk It Over



Study & Discussion for Your Small Group Family

Theme: *At Your Humble Service*

Share Together: What is the most memorable time in which someone expressed generosity in gift or service to you? Why was it so meaningful to you?

Reflect Together: What impacted you the most from Sunday's message, and how were you able to apply this week's Spiritual Practice?

Read Together: Philippians 2:1-18

Discuss Together:

Dig:

- How can our experience of Christ and his Spirit (v. 1) help us to achieve the unity Paul desires in verse 2?
- How do verses 3-4 help us to understand the nature of humility?
- How did each of Christ's actions illustrate humility and a concern for the interests of others (vv. 6-8)?
- In your own words, describe God's response to Jesus' humility (vv. 9-11).
- In verses 12-13 Paul says you are to "work out your salvation" because God "works in you." How are these ideas related and how does one do this?

Reflect:

- When has there been time you struggled to serve with a good attitude and why?
- How have you found the balance of serving in humility without being self-serving? Why can this be tricky?
- How does serving others with humility differ than being a doormat to others? How do you find the balance giving without enablement? What would be some examples?
- Who and how can you serve others as individuals or as a group in a tangible way this week?

Pray Together: Share updates of God answering prayer and requests to pray for.