



**Transformation is a Choice**  
May 8th, 2021 Dan McEvoy

“There can be no life without change, and to be afraid of what is different or unfamiliar is to be afraid of life.”

Theodore Roosevelt

**Today's Truth:** Change is inevitable, but transformation is a choice.

Romans 12:1-2 (NIV, The Message & Philips)

**Choosing transformation starts when...**

⇒ You surrender and \_\_\_\_\_ your life as an act of worship.

⇒ You are \_\_\_\_\_ to be shaped the world's way.

Hebrews 4:12-13 (The Message)

⇒ You embrace God's transformation of your \_\_\_\_\_ to change you from the inside out.

metamorpho = Metamorphosis

**Three stages of Metamorphosis**

- Morph
- Molt

Ephesians 4:22-23 (ICB)

- Multiply

Matthew 28:19b

⇒ You can know God's \_\_\_\_\_ that will change you.

**This Week's Spiritual Practice:** Make space and a place as an altar this week.

# Talk It Over



## Study & Discussion for Your Small Group Family

Theme: *Conforming vs Transforming*

**Share Together:** When was a time you caved to peer pressure as a kid? What was the result?

**Reflect Together:** What impacted you the most from Sunday's message, and how were you able to apply this week's Spiritual Practice and be a part of The Season of Prayer?

**Read Together:** Romans 12:1-2 (any translation) then read again in The Message.

### Discuss Together:

- Based on the biblical/cultural context of making sacrifices, how are we to be offering ourselves as living sacrifices, in light of Christ being the ultimate sacrifice?
- In the Old Testament, burnt animal sacrifices were to be a sweet aroma to God. How do we do this practically in our daily lives as a "holy and pleasing" expression of worship to God?
- What does it mean not to conform? What are examples of patterns of this world we shouldn't conform to, and that we should be concerned about in today's culture? How can we avoid them?
- The word "transform" in Greek is the same word as "metamorphosis". How is this process in nature similar to a spiritual transformation?
- Why is it significant that spiritual transformation starts specifically in the mind? What is an example of this being true in your life, as you've grown in Christlikeness?
- Is transformation a choice? How do we do this daily?
- What is Paul saying is the result of no longer conforming to the patterns of this world but allowing God to transform us?
- When have you tested and approved God's will for your life? What does it mean to truly know the perfect will of God?
- What areas of your life do you need transformation into Christlikeness, for which you could use prayer?

**Pray Together:** Share updates of God answering prayer and requests to pray for.